



## BRITISH HOMEOPATHIC LIBRARY

---

# Factsheet 3 – List of References for Human Healing and Complementary Medicine

British Homeopathic Library  
Glasgow Homeopathic Hospital  
1053 Great Western Road  
Glasgow G12 0XQ

Library and Information Officer: Kerry Jardine

Tel: 0141 211 1617 Fax: 0141 211 1610

Email: [hom-inform@dial.pipex.com](mailto:hom-inform@dial.pipex.com)

URL: [www.hom-inform.org](http://www.hom-inform.org)

This list has been compiled from reports and reviews in the library. Most of the references are included because they have had a good review in the literature.

L) = Glasgow Homeopathic Library has a copy of this book

## COMPLEMENTARY MEDICINE

### Books

- Anonymous. The evidence base of complementary medicine. 2nd ed. Royal London Homeopathic Hospital 1999. (L)
- Barraclough J (ed). Integrative cancer care: holistic, complementary and creative approaches Oxford University Press, Oxford, 2001. (L)
- British Medical Association. Complementary Medicine: the BMA Guide to Good Practice Oxford: Oxford University Press, 1993. (L)
- Cant S, Sharma U. A new medical pluralism? London: UCL Press, 1999. (L)
- Complementary medicine in the year 2000; new medicine for a new millennium? Conference Proceedings. (L)
- Dillard J, Ziporyn T. Alternative medicine for dummies. Chicago, IL: IDG Books Worldwide, 1998. (L)
- Ernst E (ed). Complementary medicine: an objective appraisal. Butterworth Heinemann, Oxford, 1996. (L)
- Fontanorosa PB (ed). Alternative medicine: an objective assessment. American Medical Association, 2000. (L)
- Freeman LW, Lawlis GF. Mosby's Complementary and Alternative Medicine: a research-based approach. Mosby, St. Louis, Missouri, USA, 2001. (L)
- Fulder S. Handbook of Alternative and Complementary Medicine 3rd ed. Oxford University Press, Oxford, 1996. (L)
- Integrated Healthcare: a way forward for the next five years? A discussion document. Foundation for Integrated Medicine, London, 1997. (L)
- Jamil T. Complementary medicine: a practical guide. Butterworth Heinemann, Oxford, 1997. (L)
- Kelner M, Wellman B (eds). Complementary and alternative medicine: challenge and change. Harwood Academic Publishers, Amsterdam, 2000. (L)
- Lewith G, Kenyon, Lewis P. Complementary medicine: an integrated approach. Oxford General Practice Series 34. Oxford University Press, Oxford. (L)
- Lewith GT, Aldridge D. Clinical research methodology for complementary therapies. Hodder & Stoughton, London, 1993. (L)
- Meade T. Science-based complementary medicine. Royal College of Physicians of London, London, 1998. (L)
- Micozzi MS (ed). Fundamentals of complementary and alternative medicine. Churchill Livingstone, New York, 1996. (L)
- Pietroni P, Pietroni C (eds). Innovation in community care and primary health. The Marylebone experiment. Churchill Livingstone, Edinburgh, 1996. (L)
- Robinson J. Alternative & Complementary Health Compendium. Millennium Profiles, Bognor Regis, 1996. (L)
- Segen JC. Dictionary of Alternative Medicine. Appleton & Lange, Stamford, Conn., 1998. (L)
- Trevelyan J, Booth B. Complementary medicine for nurses, midwives and health visitors. Macmillan, Basingstoke, 1994. (L)
- Vickers A (ed). Examining complementary medicine. Stanley Thornes (Publishers) Ltd, Cheltenham, 1998. (L)
- Vincent C, Furnham A. Complementary medicine: a research perspective. John Wiley & Sons, Chichester, 1997. (L)

## Reports

- Anonymous. Alternative medicine: expanding medical horizons. A Report to National Institutes of Health on Alternative Medical Systems and Practices in the United States, 1992. (L)
- European Commission. COST Action B4: unconventional medicine. Final Report of the management committee 1993-98. Ed J Monckton et al. Office for Official Publications of the European Community, Luxembourg, 1998. (L)
- Cameron-Blackie G, Mouncer Y. Complementary Therapies and the NHS. NAHAT Research Paper No 10, National Association of Health Authorities and Trusts, Birmingham, 1993. (L)
- House of Lords, Select Committee on Science and Technology Complementary and Alternative Medicine. HL Paper 123. Session 1999-2000 6<sup>th</sup> Report The Stationery Office, London, November 2000. (L)
- Institute for Alternative Futures. The future of complementary and alternative approaches (CAAs) in US health care, July 1998. (L)
- Kohn, M. Complementary therapies in cancer care. Abridged report of a study produced for Macmillan Cancer Relief. Macmillan Cancer Relief, London, June 1999. (L)
- Long AF, Mercer G. Reviewing the state of the evidence on efficacy and effectiveness of complementary therapies. A report by the Yorkshire Collaborating Centre for Health Services Research University of Leeds, May 1995. (L)
- McGourty H. How to evaluate complementary therapies. A literature review. Observatory Report Series No 13 .Liverpool Public Health Observatory, January 1993. (L)
- NHS Confederation. Complementary medicine in the NHS: managing the issues. Research Paper No 4. NHS Confederation, Birmingham, 1997. (L)
- Richardson J. Complementary therapy in the NHS: a service evaluation of the first year of an outpatient service in a local district general hospital. Health Services Research and Evaluation Unit, Lewisham Hospital NHS Trust, London, 1995. (L)
- The Scottish Office Department of Health. Complementary Medicine and the National Health Service: an examination of acupuncture, homeopathy, chiropractic and osteopathy. A Report by the National Medical Advisory Committee, 1993. (L)
- Wallcraft J. Healing minds: a report on current research, policy and practice concerning the use of complementary and alternative therapies for a wide range of mental health problems .London: .Mental Health Foundation, 1998.

## Journal articles

- Ernst E. Prevalence of complementary/alternative medicine for children: a systematic review. Eur J Pediatr 1999; 158: 7-11.
- Ernst E. Usage of complementary therapies in rheumatology: a systematic review. Clin Rheumatol 1998; 17: 301-5.
- Ernst E, Rand JI, Stevinson C. Complementary therapies for depression. Arch Gen Psychiat 1998; 55 (10):1026-32.
- Zollman C, Vickers A. ABC of complementary medicine: what is complementary medicine? BMJ 1999; 319(7211):693-6.
- Zollman C, Vickers A. ABC of complementary medicine: users and practitioners of complementary medicine. BMJ 1999; 319(7213):836-8.
- Zollman C, Vickers A. ABC of complementary medicine: complementary therapies in conventional practice. BMJ 1999; 319(7214):901-4.
- Zollman C, Vickers A. ABC of complementary medicine: complementary medicine and the patient. BMJ 1999; 319(7223):1486-9
- Zollman C, Vickers A. ABC of complementary medicine: complementary medicine and the doctor. BMJ 1999; 319(7224):1558-61.

## Papers

- Astin J. Why patients use alternative medicine: results of a national study. JAMA 1998; 279: 1548-1553.

- Astin JA, Marie A, Pelletier KR et al. A review of the incorporation of complementary and alternative medicine by mainstream physicians. *Arch Intern Med* 1998; 158(21):2303-10
- Eisenberg D. et al. Unconventional medicine in the United States. Prevalence, costs and patterns of use. *New England J Med.* 1993 Jan; 328(4): 246-252
- Eisenberg D. Trends in alternative medicine use in the United States, 1990-1997. *JAMA* 1998; 280:1569-75
- Ernst E. Medical students' attitude towards complementary medicine. *Student BMJ* 1998; 6: 204-6.
- Fisher P, Ward A. Complementary medicine in Europe. *Br Med J* 1994; 309(6947): 107-11.
- Owen D. Familiarizing medical students with complementary and alternative medicine: encouraging new attitudes and ideas. *Complement Ther Med* 1999; 7:38-41.
- Rampes H, Sharples F, Maragh S, Fisher P. Introducing complementary medicine into the medical curriculum. *Journal of the Royal Society of Medicine* 1997; 90: 19-22.
- Reilly D. Young doctors' views on alternative medicine. *British Medical Journal* 1983; 278: 337-339.
- Reilly DT, Taylor MA. Developing Integrated Medicine. Report of the RCCM Research Fellowship in Complementary Medicine, Glasgow University 1987-1990. *Complementary Therapies in Medicine* 1993; 1, Suppl I: 1-50.
- Wetzel MS, Eisenberg DM, Kaptchuk T. Course involving complementary and alternative medicine at US Medical Schools. *JAMA* 1998; 280:784-7
- Wearn AM, Greenfield SM. Access to complementary medicine in general practice: survey in one UK health authority. *J R Soc Med* 1998; 91:465-470

## **MIND-BODY THERAPIES / HOLISM**

### **Books**

- Achterberg J. Imagery in healing, shamanism and modern medicine. Shambala Publications, Boston, 1985.
- Ambrose G, Newbold G.A handbook of medical hypnosis. Bailliere-Tindall, Eastbourne, 1980.
- Barasch MI. The Healing Path. Arkana, New York, 1995. (L)
- Benor DJ. Healing research: holistic energy medicine and spirituality. Vol 1. Research in healing. Vol 2. Holistic energy medicine and the energy body Helix Editions, Deddington, Oxon, 1993 & 1994. (L)
- Dixon M, Sweeney K. The human effect on medicine: theory, research and practice. Radcliffe Medical Press, Abingdon, Oxon., 2000.(L)
- Mitchell A, Cormack M. The therapeutic relationship in complementary health care. Edinburgh: Churchill Livingstone, 1998.(L)
- Institute of Noetic Sciences. Poole W. The heart of healing. Turner Publishing Inc, Atlanta, 1993.(L)
- Watkins A. Mind-body medicine: a clinician's guide to psychoneuroimmunology. Edinburgh: Churchill Livingstone, 1997.(L)
- Waxman D. Hartland's medical and dental hypnosis. Bailliere Tindall, London, 3rd. ed. 1989 (DR)

### **Review articles**

- Carroll, D, Seers K. Relaxation for the relief of chronic pain: a systematic review. *Journal of Advanced Nursing* 1998; 27: 476-487.
- Holroyd J. Hypnosis treatment of smoking: an evaluative review. *International Journal of Clinical and Experimental Hypnosis* 1980; 4: 341-57.
- Mastenbrock I, McGovern L. The effectiveness of relaxation techniques in controlling chemotherapy induced nausea – a literature review. *Australian Occupational Therapy Journal* 1991; 38: 137-42.
- Seers K, Carroll D. Relaxation techniques for acute pain management: a systematic review. *Journal of Advanced Nursing* 1998; 27: 466-475.
- Watt D, Verma S, Flynn L.A systematic review of wellness programs. *Can Med Ass J* 1998; 158: 224-230.
- Zollman C, Vickers A. ABC of complementary medicine .hypnosis and relaxation therapies. *BMJ* 1999;319(7221):1346-9.

## Papers

- Barnes VA, Treiber FA, Turner JR et al. Acute effects of transcendental meditation on hemodynamic functioning in middle-aged adults. *Psychosom Med* 1999;61:525-31.
- Dixon M. Does 'healing' benefit patients with chronic symptoms?. A quasi-randomised trial in general practice. *J R Soc Med* 1998; 91: 183-188.
- Fuchs K, Paldi E, Abramovici H et al. Treatment of hyperemesis gravidarum by hypnosis. *International Journal of Clinical and Experimental Hypnosis* 1980; 28: 313-23.
- Ginandes C, Rosenthal DI. Using hypnosis to accelerate the healing of bone fractures: a randomized controlled pilot study. *Altern Ther Health Med* 1999; 5(2):67-75.
- Gordon A, Merenstein JH, D'Amico F et al. The effects of therapeutic touch on patients with osteoarthritis of the knee. *J Fam Pract* 1998; 47(4):271-7.
- Graham H. The return of the Shaman. *Comp Med Research* 1991; 5(3): 165-171.
- Gullette ECD, Blumenthal JA, Babyak M, Jiang W, Waugh RA, Frid DJ et al. Effects of mental stress on myocardial ischemia during daily life. *JAMA* 1997; 277: 1521-6.
- Koch ME, Kain ZN, Ayoub C et al. The sedative and analgesic effects of music. *Anaesthesiology* 1998; 89:300-6.
- Lawlis GF, Selby D, Hinnant D et al. Reduction of postoperative pain parameters by presurgical relaxation instructions for spinal pain patients. *Spine* 1985; 10(7): 649-51.
- Orne MT. The efficacy of biofeedback therapy. *Annual review of Medicine* 1979; 30: 489-503.
- Ornish D, Brown SE, Scherwitz, LW, Billings JH. Can lifestyle changes reverse coronary heart disease? *Lancet* 1990; 336: 129-33.
- Patel C et al. Trial of relaxation in reducing coronary risk. A 4-year follow-up. *Br Med J* 1985; 290: 1103-6.
- Patel C, Marmet MG, Terry DJ. Controlled trial of biofeedback-aided behavioural methods in reducing mild hypertension. *Br Med J* 1981; 282:2005-8.
- Walker LG, Walker MB et al. Psychological, clinical and pathological effects of relaxation training and guided imagery during primary chemotherapy *Br J Cancer* 1999; 80:262-8.
- Whorwell PJ. Use of hypnotherapy in gastrointestinal disease. *Br J Hosp Med* 1991; 45: 27-9.

## PLACEBO EFFECT

### Books

- Harrington A. The placebo effect. An interdisciplinary exploration. Harvard University Press, Cambridge, Mass., 1997.
- Shapiro AK, Shapiro E. The powerful placebo: from ancient priest to modern physician. John Hopkins University Press, Baltimore, USA, 1997. (L)

### Journal references

- The placebo response: biology and belief. Conference at University of Westminster, 9-10 November 1996, London.
- Beecher HK. The powerful placebo. *JAMA* 1955; 1602-1606 (Dec. 24th)
- De Saintonge DM, Herxheimer A. Harnessing placebo effects in health care. *Lancet* 1994 Oct 8th; 344: 995-998.
- Ernst E, Resch KL. Re-defining the placebo effect. *Perfusion*.1995; .8(8):.264-268.
- Ernst E. Is homeopathy a placebo? *Br J Clin Pharmacol* 1990; .30: .173-174.
- Ernst E, Resch KL. Concept of true and perceived placebo effects. *Br Med J* 1995 Aug 26th; 311: 551-553.
- Goodenough B et al. An investigation of the placebo effect and age-related factors in the report of needle pain from venipuncture in children. *Pain* 1997; 72: 383-391.
- Gotzsche PC. Is there logic in the placebo? *Lancet*. 1994 Oct 1; 344: .925-926

- Jhee SS, Salazar DE, Ford NF, et al. Monitoring of acute migraine attacks: placebo response and safety data. *Headache* 1998; 35: 35-38
- Kaptchuk TJ. Powerful placebo: the dark side of the randomised controlled trial. 1998 June 6th; 351: 1722-1725.
- Kienle GS, Kiene H. Placebo effect and placebo concept: a critical methodological and conceptual analysis of reports on the magnitude of the placebo effect. *Alternative Therapies in Health and Medicine* 1996 Nov; 6(2): 39-54.
- Kienle GS, Kiene H. The placebo effect: a scientific critique. *Comp Ther Med* 1998; 6:14-24.
- Kirsch I, Weixel LJ. Double-blind versus deceptive administration of a placebo. *Biomedical Therapy* 1998; 16(3): 242-246.
- Kleijnen J, De Craen AJ, Van Everdingen J, Krol L. Placebo effect in double-blind clinical trials: a review of interactions with medications. *Lancet* 1994 Nov 12th; 344: 1347-1349
- Richardson P. Placebo effect in orthodox and complementary medicine. Chapter 7 in Vincent C, Furnham A. *Complementary Medicine: a research perspective*. John Wiley & Sons, Chichester, 1997. Pages 133-146.
- Rosenzweig P, Brohier S, Zipfel A. The placebo effect in healthy volunteers: influence of experimental conditions on physiological parameters during phase 1 studies. *Br J Clin Pharmacol* 1995; 39: 657-664.
- Saradeth T, Resch KL, Ernst E. Placebo treatment for varicosity: don't eat it, rub it. *Phlebology* 1994; 9: 63-66.
- Ter Riet G, Craen AJ, De Boer A, Kessels AG. Is placebo analgesia mediated by endogenous opioids? A systematic review. *Pain* 1998; 76: 273-275.
- Turner JA, et al. The importance of placebo effects in pain treatment and research. *JAMA* 1994 May 25th; 271(20): 1609-1614
- Voudouris NJ, Peck CL, Coleman G. The role of conditioning and verbal expectancy in the placebo response. *Pain* 1990; 40: 121-128.

## **ACUPUNCTURE**

### **Books**

- Baldrey PE. *Acupuncture, trigger points and musculoskeletal pain*. Churchill Livingstone, London, 1989. (L)
- Hopwood V, Lovesey M, Mokone S. *Acupuncture and related techniques in physical therapy*. Churchill Livingstone, Edinburgh, 1997. (L)
- Kenyon JN. *Modern techniques of acupuncture*. Vols 1-3. Thorsons Publishers, Wellingborough, 1983.

### **Journal references**

- Anon. *Evidence base of complementary medicine*. 2nd ed. Royal London Homeopathic Hospital, 1999.
- Berman BM, Ezzo J, Hadhazy V et al. Is acupuncture effective in the treatment of fibromyalgia? *J Fam Pract* 1999; 48:213-18.
- Ernst E, White AR. Acupuncture for back pain A meta-analysis of randomized controlled trials. *Arch Intern Med* 1998; 158: 2235-41.
- Hopwood V. Acupuncture in stroke recovery: a literature review. *Complementary Therapies in Medicine* 1996; 4: 225-263.
- Linde K, Worku F, Stör W et al. Randomised clinical trials of acupuncture for asthma – a systematic review. *Forschende Komplementärmedizin* 1996; 3: 148-155.
- Ter Riet G, Kleijnen J, Knipschild P. A meta-analysis of studies into the effect of acupuncture on addiction. *Br J Gen Pract* 1990; 40(338): 379-82.
- Vickers AJ. Can acupuncture have specific effects on health? A systematic literature review of acupuncture antiemesis trials. *Journal of the Royal Society of Medicine* 1996; 89: 303-311.
- Vickers AJ. Bibliometric analysis of randomised controlled trials on complementary medicine. *Comp Ther Med* 1998; 6: 185-9.

- Zollman C, Vickers A. ABC of complementary medicine: acupuncture. BMJ 1999; 319(7215):973-6.

### **Papers**

- Al-Sadi M, Newman B, Julious SA. Acupuncture in the prevention of postoperative nausea and vomiting. *Anaesthesia* 1997; 52: 658-661
- Christenssen BV, Iuhl IU, Vilbek H et al. Acupuncture treatment of severe knee osteoarthritis: a long-term study. *Acta Anaesth Scand* 1992; 36: 519-525.
- Johansson K, Lindgren I, Widner H et al. Can sensory stimulation improve the functional outcome in stroke patients? *Neurology* 1993; 43: 2189-2192.
- Kjendahl A, Sallstrom S, Osten PE et al. A one year follow-up study on the effects of acupuncture in the treatment of stroke patients in the sub acute stage: a randomised, controlled study. *Clinical Rehabilitation* 1997; 11: 192-200.
- Myers CP. Acupuncture in general practice: effect on drug expenditure. *Acupuncture in Medicine* 1991; 9(2): 71-72.
- Rampes H, James R. Complications of acupuncture. *Acup in Med* 1995; 13: 26-33.

## **ALEXANDER TECHNIQUE**

- **Jones FP. Body awareness in action: a study of the Alexander Technique. Wildwood Press, London, 1976. (L)**

## **AROMATHERAPY**

### **Books**

- Buckle J. *Clinical aromatherapy in nursing.* Arnold, London, 1997. (L)
- Tisserand R. *The art of aromatherapy.* CW Daniel, Saffron Walden, 1985.(L)
- Vickers A. *Massage and aromatherapy. A guide for health professionals.* Chapman & Hall, London, 1996.

### **Journal references**

- Burns E, Blamey C. Soothing scents in childbirth. *Int J of Aromatherapy* 1994; 6: 24-8.
- Wilkinson S. Aromatherapy and massage in palliative care. *International Journal of Palliative Nursing* 1995; 1(1): 21-30.

## **ENVIRONMENTAL MEDICINE**

- **Lewith G, Kenyon J, Dowson D. Allergy and intolerance, a complete guide to environmental medicine. Green Print, London, 1992. (L)**

## **HERBALISM**

### **Books**

- Bartram T. *Encyclopaedia of herbal medicine.* Grace Publishers, Christchurch, Dorset, 1995. (L)
- Mills SY. *Essential book of herbal medicine.* Arkana. Penguin, London, 1991. (L)
- Mills S, Bone K. *Principles and practice of phytotherapy: modern herbal medicine.* Edinburgh: Churchill Livingstone, 2000. (L)

- PDR for Herbal Medicines. Medical Economics Company, Montvale, New Jersey, 1999. (L)
- Weiss RF. Herbal medicine. AB Arcanum, Beaconsfield, 1988. (L)
- Wood M. The book of herbal wisdom: using plants as medicines. Berkeley, CA: North Atlantic Books, 1997. (L)
- Wren RC. Potter's new cyclopaedia of botanical drugs and preparations. CW Daniel, Saffron Waldon. Revised ed, 1988. (L)

## **Journal references**

### **.Reviews**

- Linde K, Ramirez G, Mulrow CD, Pauls A, Weidenhammer W, Melchart D. St John's Wort for depression – an overview and meta-analysis of randomized clinical trials. *Br Med J* 1996; 313: 253-8.
- Oken BS, Storzbach DM, Kaye JA. The efficacy of Gingko biloba in Alzheimer's disease. *Arch Neurol* 1998; 55:1409-15.
- Pittler MH, Ernst E. Efficacy of kava extract for treating anxiety: systematic review and meta-analysis. *J Clin Psychopharmacol* 2000; 20(1):84-9.
- Vogler BK, Pittler MH, Ernst E. Feverfew as a preventive treatment for migraine: a systematic review. *Cephalalgia* 1998;18:704-8.
- Wilt TJ, Ishani A, Stark G et al. Saw palmetto extracts for treatment of benign prostatic hyperplasia. *JAMA* 1998;280:1604-9.
- Zollman C, Vickers A .ABC of complementary medicine: herbal medicine. *BMJ* 1999;319(7216):1050-3.

### **Papers**

- Bensoussan A, Talley NJ, Hing M et al. Treatment of irritable bowel syndrome with Chinese herbal medicine. *JAMA* 1998;280:1585-9.
- Budeiri D, Li Wan Po A, Dornan JC. Is evening primrose oil of value in the treatment of premenstrual syndrome? *Controlled Clinical Trials* 1996; 17: 60-8.
- Ernst E. Harmless herbs? A review of the recent literature. *Am J Med* 1998; 104: 170-8.
- Kleijnen J, Knipschild P. Mistletoe treatment for cancer. *Phytomedicine* 1994; 1: 253-260.
- Koscielny J et al. The antiatherosclerotic effect of *Allium sativum* (garlic). *Atherosclerosis* 1999;144:237-49.
- Kulkarni RR, Patki PS, Jog VP, Gandage SG, Patwardhan B. Treatment of osteoarthritis with a herbomineral formulation: a double-blind, placebo-controlled, crossover study. *Journal of Ethnopharmacology* 1991; 33: 91-5. (Ayurvedic medicine).
- Le Bars PL, Katz MM, Berman N, Turan M, Freedman AM, Schatzberg AF .A placebo-controlled, double-blind, randomized trial of an extract of *Ginkgo biloba* for dementia. *JAMA* 1997; 278(16): 1327-32.

## **HOMEOPATHY**

### **Books**

- Bellavite P, Signorini A. Homeopathy: a frontier in medical science. North Atlantic Books, Berkeley, 1995.(L)
- Blackie MG. Classical homeopathy. Beaconsfield, Beaconsfield, 1986.(L)
- Boyd HW. Introduction to Homeopathic medicine. 2nd ed. Beaconsfield, Beaconsfield, 1989.(L)
- Coulter HL. Homeopathic science and modern medicine. The physics of treating with microdoses. North Atlantic Books, Berkeley, 1980.(L)
- Ernst E, Hahn EG. Homeopathy: a critical appraisal. Butterworth Heinemann, Oxford, 1998.(L)
- Hahnemann S. Organon of the Medical Art, ed WB O'Reilly. Birdcage Books, Redmond, Washington, 1996. (L)
- Koehler G. Handbook of homeopathy. Thorsons, Wellingborough, 1986. (L)



- Leckridge B. Homeopathy in primary care. Churchill Livingstone, Edinburgh, 1997. (L)
- Lockie A, Geddes N. Complete guide to homeopathy. Dorling Kindersley, London, 1995. (L)
- Phatak S. Materia medica of Homeopathic medicines. Foxlee-Vaughan, London, 1988. (L)
- Schroyens F (ed).Synthesis. Repertorium Homeopathicum syntheticum. Homeopathic Book Publishers and Archibel SA, London, 1993. (L)
- Vithoukias G. Science of homeopathy, ASOHM, Athens, 1986. (L)

## **Journal references**

### **Reviews**

- Barnes J, Resch KL, Ernst E. Homeopathy for post-operative ileus? A meta-analysis. *J Clin Gastroenterol* 1997; 25: 628-33.
- Ernst E, Barnes J. Are Homeopathic remedies effective for delayed-onset muscle soreness? A systematic review of placebo-controlled trials. *Perfusion* 1998; 11: 4-8.
- Kleijnen J, Knipschild P, ter Riet G. Clinical trials of homeopathy. *British Medical Journal* 1991; 302: 316-323.
- Linde K et al. Are the clinical effects of homeopathy placebo effects? A meta-analysis of placebo controlled trials. *Lancet* 1997; 350: 834-43.
- Linde K, Jones WB, Worke DMF, Wagner H, Eitel F. Critical review and meta-analysis of serial agitated dilutions in experimental toxicology. *Human and Experimental Toxicology* 1994; 13: 481-492.
- Vallance A. Can biological activity be maintained at ultra-high dilution? An overview of homeopathy, evidence and Bayesian philosophy *J Alternative and Complementary Medicine* 1998; 4(1): 49-76.
- Zollman C, Vickers A. ABC of complementary medicine: homeopathy. *BMJ* 1999; 319(7217):1115-8.

### **Papers**

- Demangeat JL et al. Modifications des temps de relaxation RMN (NMR). *Journal of Medical Nuclear Biophysics* 1992; 16: 135-145.
- Eskinazi D. Homeopathy revisited: is homeopathy compatible with biomedical observations? *Arch Intern Med* 1999; 159:1981-1987.
- Ferley JP, Zmirou D, D'Adhemer D, Balducci F. A controlled evaluation of a Homeopathic preparation in the treatment of influenza-like syndromes. *Br J Clin Pharmacol* 1989; 27(3): 329-335.
- Reilly D. Is homeopathy a placebo response? What if it is? What if it is not? Part 3 Chapter 8 in Ernst E, Hahn EG. *Homeopathy: a critical appraisal*. Butterworth Heinemann, Oxford, 1998. Pages 118-129.
- Reilly DT, Taylor MA, Campbell J, Beattie N, McSharry C, Aitchison T, Carter R, Stevenson R. Is evidence for homeopathy reproducible? *The Lancet* 1994; 344: 1601-1606.
- Reilly DT, Taylor MA, McSharry C, Aitchison T. Is homeopathy a placebo response? Controlled trial of Homeopathic potency, with pollen in hay fever as model. *The Lancet* 1986; ii: 881-886.
- Swayne J. The cost and effectiveness of homeopathy. *British Homeopathic Journal* 1992; 81: 148-150.

## **IRIDOLOGY**

- Knipschild P. Looking for gall bladder disease in the patient's iris. *Br Med J* 1988; 297 (6663): 1578-81.

## **MANIPULATIVE THERAPIES**

### **Books**

- Burn L. A manual of medical manipulation. Kluwer Academic Publications, London, 1994.
- Hartman L. Handbook of osteopathic technique. Hutchison.
- Sandler S. Osteopathy. Macdonald Optima.
- Stoddard A. Manual of osteopathic practice.

### **Reports**

- King's Fund. Report of a Working Party on Chiropractic. King's Fund, London, 1993. (L)
- King's Fund. Report on Osteopathy. London: King's Fund, 1991.

## **Journal references**

### **Reviews**

- Assendelft WJ, Koes BW, Knipschild PG, Bouter LM. The relationship between methodological quality and conclusions in reviews of spinal manipulation. *Journal of the American Medical Association* 1995; 274(24): 1942-1948
- Breen AC. Manipulation: the research evidence. Chap 6 in Meade T. *Science-based complementary medicine*, Royal College of Physicians of London, London 1998. Pages 51-66.
- Hurwitz EL, Aker PD, Adams AH, Meeker WC, Shekelle PG. Manipulation and mobilization of the cervical spine. A systematic review of the literature. *Spine* 1996; 21: 1746-59.
- Koes BW, Assendelft WJJ, van der Heijden GJ, Bouter LM, Knipschild PG. Spinal manipulation and mobilisation for back and neck pain: a blinded review. *Br Med J* 1991; 303: 1298-1303.
- Manipulation: the research evidence. Chap .6 in Meade T. *Science based complementary medicine*. Royal College of Physicians of London, London, 1998. Pages 51-66.
- Zollman C, Vickers A. ABC of complementary medicine The manipulative therapies: osteopathy and chiropractic. *BMJ* 1999; 319(7218):1176-9.
- Zollman C, Vickers A. ABC of complementary medicine: massage therapies. *BMJ* 1999; 319(7219):1254-7.

### **Papers**

- Assendelft WJJ, Bouter LM, Knipschild PG. Complications of spinal manipulation. A comprehensive review of the literature. *J Fam Pract* 1996; 42: 475-80.
- Brontford G. Chiropractic versus general medical treatment of low back pain: a small scale controlled clinical trial. *American Journal of Chiropractic Medicine* 1989; 2:145-150.
- Cherkin DC, Deyo RA, Battie M, Street J, Barlow W. A comparison of physical therapy, chiropractic manipulation, and provision of an educational booklet for the treatment of patients with low back pain. *New Eng J Med* 1998; 339: 1021-1029.
- Ernst E, Assendelft WJJ. Chiropractic for low back pain. We don't know whether it does more good than harm. *Br Med J* 1998; 317: 160.
- Giles LG, Muller R. Chronic spinal pain syndromes: a clinical pilot trial comparing acupuncture, a non-steroidal anti-inflammatory drug, and spinal manipulation. *J Manipulative Physiol Ther.* 1999; 22:376-8.
- Kaptchuk TJ, Eisenberg DM. Chiropractic: origins, controversies and contributions. *Arch Intern Med.* 1998; 158(20):2215-24.
- MacDonald RS, Bell GMJ. An open controlled assessment of osteopathic manipulation in non-specific low back pain. *Spine* 1990; 15(5): 2-8.
- Magnusson M. et al. Sensory stimulation promotes normalization of postural control after stroke. *Stroke.* 1994; 25: 1176-80.
- Manga P, Angus DE, Swann WR. Effective management of low back pain: it's time to accept the evidence. *Journal of the Canadian Chiropractic Association* 1993; 37(4): 221-229.
- Meade TW, Dyer S, Browne W, Frank AO. Randomised comparison of chiropractic and hospital outpatient management for low back pain: results from extended follow-up. *British Medical Journal* 1995; 311: 349-351.
- Meade TW, Dyer S, Browne W, Townsend J, Frank AO. Low back pain of mechanical origin: randomised comparison of chiropractic and hospital outpatient treatment. *British Medical Journal* 1990; 300: 1431-1437.
- Pedersen P. A survey of chiropractic practice in Europe. *Eur J Chiropractic* 1994; 42(Suppl): 3-28.
- Shekelle PG, Adams AH, Chassin MR, Hurwitz EL, Brook RH. Spinal manipulation for low-back pain. *Annals of Internal Medicine* 1992; 117(7): 590-598.
- Terrett AGT. Misuse of the literature by medical authors in discussing spinal manipulative therapy injury. *Journal of Manipulative and Physiological Therapeutics* 1995; 18(4): 203-210.

- Waagen GN, Haldeman S, Cook G, Lopez D, De Boer KF. Short term trial of chiropractic adjustment for the relief of chronic low back pain. *Manual Medicine* 1986; 2: 63-67.

## **REFLEXOLOGY**

- Eriksen L. Reflexology – research and effect evaluation in Denmark 1993. Pages 197-208. In Johannessen H et al (ed). *Studies in Alternative Therapy 1. Contributions from the Nordic Countries*. INRAT. Odense University Press, Denmark, 1993.
- Ernst E, Koder K. An overview of reflexology. *Eur J Gen Pract* 1997; 3: 52-57.
- Joyce M, Richardson R. Reflexology can help MS. *Int J Alt Comp Med* 1997; July: 10-12.

## **TRADITIONAL CHINESE MEDICINE**

- Bensky D, Barolet R. *Chinese herbal medicine: formulas and strategies*. Eastland Press, Seattle, 1990.
- Bensky D, Gambol A. *Chinese herbal medicine: materia medica*. Eastland Press, Seattle, 1993.
- Zhou Zhong Ying, Jin Hui De. *Clinical manual of Chinese herbal medicine and acupuncture*. Churchill Livingstone, Edinburgh, 1997